

# Athlete Application for Participation

(Valid for 3 Years from the Date of the Physical Exam)



**Special Olympics**

Massachusetts

Area and Local Program

Please print clearly. All information is required.

Name																													
Social Security Number (optional)										Male		Female		Date of Birth						Phone #									
Street Address or PO Box																									Apt #				
City/Town															State		ZIP Code + 4												
Emergency Contact Name																				Emergency Contact Phone #									

## HEALTH HISTORY: TO BE COMPLETED BY PARENT/CAREGIVER

Yes	No		Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Allergies:	<input type="checkbox"/>	<input type="checkbox"/>	Easy bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Environmental: _____	<input type="checkbox"/>	<input type="checkbox"/>	Emotional/psychiatric/behavioral
<input type="checkbox"/>	<input type="checkbox"/>	Food: _____	<input type="checkbox"/>	<input type="checkbox"/>	Heart disease/heart defect*
<input type="checkbox"/>	<input type="checkbox"/>	Insect stings/bites: _____	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis
<input type="checkbox"/>	<input type="checkbox"/>	Medicines: _____	<input type="checkbox"/>	<input type="checkbox"/>	High blood pressure*
<input type="checkbox"/>	<input type="checkbox"/>	Asthma*	<input type="checkbox"/>	<input type="checkbox"/>	Immunizations up-to-date
<input type="checkbox"/>	<input type="checkbox"/>	Blind*	<input type="checkbox"/>	<input type="checkbox"/>	Date of last tetanus immunization ____/____/____
<input type="checkbox"/>	<input type="checkbox"/>	Visually impaired	<input type="checkbox"/>	<input type="checkbox"/>	Needs medication (see "Medications" table below)
<input type="checkbox"/>	<input type="checkbox"/>	Bone or joint problem	<input type="checkbox"/>	<input type="checkbox"/>	Requires extra supervision
<input type="checkbox"/>	<input type="checkbox"/>	Concussion or serious head injury*	<input type="checkbox"/>	<input type="checkbox"/>	Seizures/epilepsy/fainting spells*
<input type="checkbox"/>	<input type="checkbox"/>	Deaf	<input type="checkbox"/>	<input type="checkbox"/>	Shunts
<input type="checkbox"/>	<input type="checkbox"/>	Hearing impaired	<input type="checkbox"/>	<input type="checkbox"/>	Special diet
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes*	<input type="checkbox"/>	<input type="checkbox"/>	Tobacco use
<input type="checkbox"/>	<input type="checkbox"/>	Down Syndrome (see below)	<input type="checkbox"/>	<input type="checkbox"/>	Other: _____

(\*) Requires physical examination if new problem

**Medications (if applicable):** Please print medication name, amount, date prescribed and number of times per day medication is given.

Medication Name	Dosage	Date Presc.	Times per day	Medication Name	Dosage	Date Presc.	Times per day

Special Olympics Massachusetts (SOMA) specifically has my permission (both during participation and anytime thereafter) to use my/my child's/my ward's likeness, name, voice, and words in television, radio, film, newspaper, magazines, and any other media, and in any form, for the purpose of advertising or communicating the purposes and activities of Special Olympics Massachusetts.

I understand that if a medical emergency should arise during my/my child's/my ward's participation in any SOMA activity and I am not able to give my consent for treatment, that SOMA is authorized to take whatever measures are necessary to protect my health and well-being including hospitalization.

Signature of parent/legal guardian/adult athlete (over 18) \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

## SECTIONS BELOW TO BE COMPLETED BY EXAMINING PHYSICIAN:

**For Athletes With Down Syndrome:** Persons with Down syndrome should have a lateral x-ray of the cervical spine in hyper flexion and hyperextension. The interpretation of the radiographs should include measurements of the atlanto-dens interval.

Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Has an x-ray evaluation for atlantoaxial instability been done? Date of x-ray: ____/____/____
<input type="checkbox"/>	<input type="checkbox"/>	If yes, was it positive for atlantoaxial instability? (positive indicates that the atlanto-dens interval is 5mm or more)

I have reviewed the above health information and have performed the above examination on this athlete within the past 6 months and certify that the athlete can participate in Special Olympics. **RESTRICTIONS:** \_\_\_\_\_

Signature of Examiner \_\_\_\_\_ Exam Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
(no office stamps accepted without provider's signature)

Examiner's Name																													
Street Address or P.O.																													
City/Town															State		ZIP		Phone #										

A COPY OF THIS APPLICATION MUST BE FILED AT THE SOMA HEADQUARTERS & EITHER THE AREA OR SECTIONAL OFFICE

3/02

Last Name, First Name:

Form Expiration Date

**COACHES WILL BE RESPONSIBLE FOR HAVING UP-TO-DATE ATHLETE MEDICAL FORMS IN THEIR POSSESSION AT TRAINING AND COMPETITION EVENTS. THE COACH'S COPIES OF MEDICAL FORMS WILL BE UTILIZED AT ALL QUALIFYING COMPETITIONS AND AREA EVENTS.**

Medical forms are evaluated for completeness using the following required information as criteria:

- on the correct form
- area and local program
- full first and last name
- gender
- date of birth
- street address
- city
- home phone number, including area code
- parent/guardian name (if under 18)
- emergency contact name and phone number, including area code
- signature of athlete (18 or older) or signature of parent/guardian
- "history of" medical information on the medical unless supplemented by an attachment which contains the same info
- doctor's/physician's assistant/nurse practitioner's signature (no office stamps allowed)
- date of physical examination
- no fax copies accepted

**OVERNIGHT EVENTS**

- If medication is to be dispensed by SOMA medical volunteers, it must be accompanied by a medication form (*supplemental medication form*)
- Medication must be in its original container